



**PAIN ILLUSTRATION**

Mark the areas on your body where you feel the described sensations. Use appropriate symbol. Mark areas of radiation. Include all affected areas.

Numbness ===== Pins & Needles oooooo Burning xxxxxx  
 Stabbing ///// Chronic Ache zzzzzz

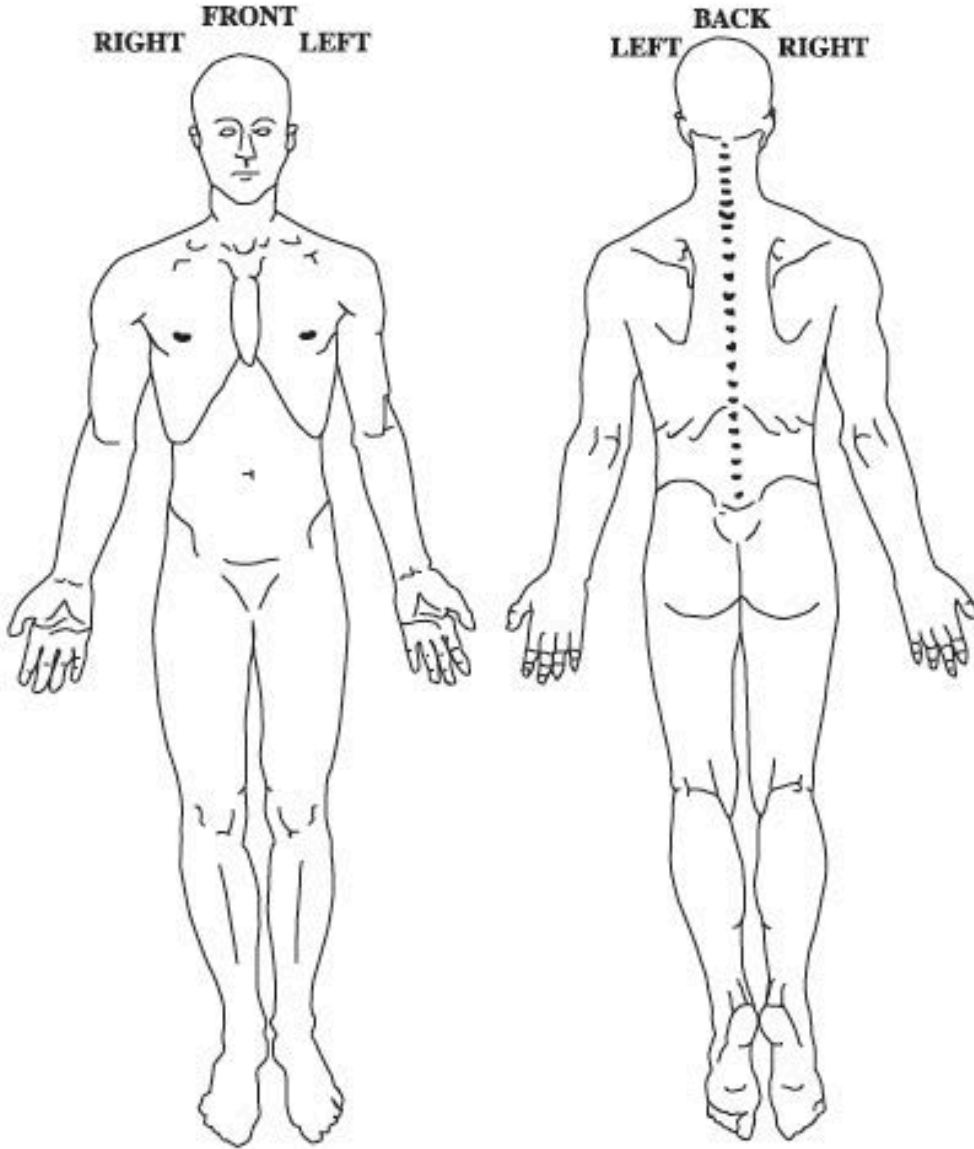
Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Gender:  Male  Female Handedness:  R  L

Date of Birth: \_\_\_\_\_ Current Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_



How bad is your pain? Circle the number on each of the lines below to indicate your pain.

- How bad is your **neck** pain?  
 No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst possible
- How bad is your **arm** pain?  
 No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst possible
- How bad is your **middle back** pain?  
 No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst possible
- How bad is your **low back** pain?  
 No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst possible
- How bad is your **leg** pain?  
 No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst possible

Please identify which **ONE** of the following best describes your spine (back or neck) vs extremity (arm or leg) pain:

- 100% Spine pain to 0% Extremity pain
- 90% Spine pain to 10% Extremity pain
- 80% Spine pain to 20% Extremity pain
- 70% Spine pain to 30% Extremity pain
- 60% Spine pain to 40% Extremity pain
- 50% Spine pain to 50% Extremity pain
- 40% Spine pain to 60% Extremity pain
- 30% Spine pain to 70% Extremity pain
- 20% Spine pain to 80% Extremity pain
- 10% Spine pain to 90% Extremity pain
- 0% Spine pain to 100% Extremity pain

Patient Initials \_\_\_\_\_ Date \_\_\_\_\_

## FACTORS OF COMPLAINT

What would you like to happen as a result of this visit?

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**How / when did your problem begin? (please mark all that apply to your neck / back pain)**

I don't know how it began

It comes and goes

I've had it a long time ( \_\_\_\_\_ years)

Injury (date of injury \_\_\_\_\_) on the job?  yes  no

Please explain how injury happened

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Are you currently in litigation with regards to your back pain?

yes  no

Have you been laid off from your job?  yes  no  N/A

Is your pain worse at night?  yes  no

Does your pain awaken you from sleep?  yes  no

Does coughing affect your pain?  yes  no

Do your legs tire / hurt if you walk too far?  yes  no

If YES, how far can you walk?

less than 1 block  1-3 blocks  more than 3 blocks

Is this relieved by resting your legs?  yes  no

Is this relieved by bending forward?  yes  no

**Bladder Control (urine):**

No problem

Can't empty bladder

Loss of urine (accidents)

**Bowel Control:**

No problem

Constipation

Loss of control (accidents)

**How does each of the following affect your pain? (check all that apply)**

Sitting	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Standing	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Walking	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Lying down	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Rising from a chair	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Physical activity	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	
Heat	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	<input type="checkbox"/> Don't know
Cold	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	<input type="checkbox"/> Don't know
Massage	<input type="checkbox"/> Better	<input type="checkbox"/> Worse	<input type="checkbox"/> No change	<input type="checkbox"/> Don't know

**Have you ever had surgery ON YOUR NECK or BACK?**

Yes  No      **If YES, complete the following:**

1) Type of surgery: \_\_\_\_\_

Date \_\_\_\_\_ Surgeon \_\_\_\_\_

Did it make your pain  better  worse  no change?

2) Type of surgery: \_\_\_\_\_

Date \_\_\_\_\_ Surgeon \_\_\_\_\_

Did it make your pain  better  worse  no change?

**Please mark the timeframe for any tests that were performed for this CURRENT back/ neck pain**

	<6 months	6-12 months
X-ray	<input type="checkbox"/>	<input type="checkbox"/>
MRI scan	<input type="checkbox"/>	<input type="checkbox"/>
CT scan	<input type="checkbox"/>	<input type="checkbox"/>
Myelogram	<input type="checkbox"/>	<input type="checkbox"/>
Discogram	<input type="checkbox"/>	<input type="checkbox"/>
EMG/ NCV (nerve test)	<input type="checkbox"/>	<input type="checkbox"/>

**Previous treatments for this CURRENT back/ neck pain**

Chiropractic care  better  worse  no change

Physical Therapy  better  worse  no change

Injections  better  worse  no change

Psychiatric Consultation  better  worse  no change

Other: \_\_\_\_\_  better  worse  no change

Patient Initials \_\_\_\_\_ Date \_\_\_\_\_

# GENERAL MEDICAL HISTORY

Check all the conditions below that you currently have or have had in the past. If NONE check

<input type="checkbox"/> Heart attack <input type="checkbox"/> Heart murmur <input type="checkbox"/> Angina <input type="checkbox"/> High blood pressure <input type="checkbox"/> Stroke <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Stomach ulcers <input type="checkbox"/> Duodenal problems <input type="checkbox"/> Anemia	<input type="checkbox"/> Colon problems <input type="checkbox"/> Diabetes <input type="checkbox"/> Hepatitis <input type="checkbox"/> Cirrhosis <input type="checkbox"/> Kidney Stones <input type="checkbox"/> Kidney infection <input type="checkbox"/> Degenerative arthritis <input type="checkbox"/> Rheumatoid arthritis <input type="checkbox"/> Bleeding tendency	<input type="checkbox"/> Gout <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Emphysema <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Chronic bronchitis <input type="checkbox"/> Frequent pneumonia <input type="checkbox"/> Asthma <input type="checkbox"/> Sexual difficulty	<input type="checkbox"/> Enlarged prostate <input type="checkbox"/> Menstrual problems <input type="checkbox"/> Cancer: Type _____ <input type="checkbox"/> Osteoporosis Have you used: <input type="checkbox"/> Immunosuppression <input type="checkbox"/> Corticosteroids <input type="checkbox"/> Other: _____
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## REVIEW OF SYSTEMS

<b>Have you seen a primary care physician within the past year? <input type="checkbox"/> yes <input type="checkbox"/> no</b>
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<b>Do you have any of the following?</b>
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<b>General:</b> Recent weight loss of more than 10 lbs? <input type="checkbox"/> yes <input type="checkbox"/> no Recent weight gain of more than 10 lbs? <input type="checkbox"/> yes <input type="checkbox"/> no Fever? <input type="checkbox"/> yes <input type="checkbox"/> no Chills? <input type="checkbox"/> yes <input type="checkbox"/> no Night sweats? <input type="checkbox"/> yes <input type="checkbox"/> no	<b>Cardiovascular:</b> Chest pain <input type="checkbox"/> yes <input type="checkbox"/> no Shortness of breath <input type="checkbox"/> yes <input type="checkbox"/> no
<b>Respiratory:</b> Wheezing <input type="checkbox"/> yes <input type="checkbox"/> no Pneumonia <input type="checkbox"/> yes <input type="checkbox"/> no Chronic cough <input type="checkbox"/> yes <input type="checkbox"/> no	

<b>Gastrointestinal:</b> Abdominal pain <input type="checkbox"/> yes <input type="checkbox"/> no Nausea <input type="checkbox"/> yes <input type="checkbox"/> no Vomiting <input type="checkbox"/> yes <input type="checkbox"/> no Diarrhea <input type="checkbox"/> yes <input type="checkbox"/> no Liver problems <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Genitourinary:</b> Abnormal kidney function <input type="checkbox"/> yes <input type="checkbox"/> no Pain with urination <input type="checkbox"/> yes <input type="checkbox"/> no Frequent urinary infections <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Bones/ Joints:</b> Shoulder pain <input type="checkbox"/> yes <input type="checkbox"/> no Wrist/hand pain <input type="checkbox"/> yes <input type="checkbox"/> no Hip pain <input type="checkbox"/> yes <input type="checkbox"/> no Knee pain <input type="checkbox"/> yes <input type="checkbox"/> no Lupus <input type="checkbox"/> yes <input type="checkbox"/> no Muscle weakness <input type="checkbox"/> yes <input type="checkbox"/> no Fibromyalgia <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Skin:</b> Open sores <input type="checkbox"/> yes <input type="checkbox"/> no New moles <input type="checkbox"/> yes <input type="checkbox"/> no Poor healing <input type="checkbox"/> yes <input type="checkbox"/> no Skin infection <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Mental health:</b> Sleep disturbances <input type="checkbox"/> yes <input type="checkbox"/> no Feeling of hopelessness <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Nervous system:</b> Headaches <input type="checkbox"/> yes <input type="checkbox"/> no Tremors <input type="checkbox"/> yes <input type="checkbox"/> no Poor speech <input type="checkbox"/> yes <input type="checkbox"/> no Changes in vision <input type="checkbox"/> yes <input type="checkbox"/> no
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<b>Hematologic/ Oncologic:</b> Easy bruising <input type="checkbox"/> yes <input type="checkbox"/> no Blood thinning medications <input type="checkbox"/> yes <input type="checkbox"/> no Blood transfusions <input type="checkbox"/> yes <input type="checkbox"/> no Organ transplant <input type="checkbox"/> yes <input type="checkbox"/> no
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Are you allergic to any medications?  yes  no

If YES, please list:

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Patient Initials \_\_\_\_\_ Date \_\_\_\_\_

## FAMILY MEDICAL HISTORY

<input type="checkbox"/> <b>I do not know the medical history of my biological parents or other family members.</b> (Go on to next section)	<b>Mother:</b> <input type="checkbox"/> Alive age: _____ <input type="checkbox"/> Deceased at age: _____ Due to _____	<b>Father:</b> <input type="checkbox"/> Alive age: _____ <input type="checkbox"/> Deceased at age: _____ Due to _____	Number of living brothers/sisters: _____ Number of deceased brothers/sisters: _____ cause(s): _____
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**Members of my family (parents, brothers/ sisters, grandparents, aunts/ uncles) suffer with the following:**

Check all that apply

<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> None of these
<input type="checkbox"/> Kyphosis	<input type="checkbox"/> Lung Disease
<input type="checkbox"/> Stroke	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Back Problems	<input type="checkbox"/> Don't know
<input type="checkbox"/> Arthritis	<input type="checkbox"/> High Blood Pressure
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Scoliosis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Other: _____

## SOCIAL HISTORY

**Smoking**

Current every day smoker (see A below)  
 Current some day smoker (see A below)  
 Former smoker (see B below)  
 Never smoked

A)  
 Year Started: \_\_\_\_\_  
 Cigarettes \_\_\_\_\_ packs / day  
 Cigars \_\_\_\_\_ # per week  
 Smokeless / chewing \_\_\_\_\_ amount / day

B)  
 I quit smoking in / around the year \_\_\_\_\_ ,  
 But I smoked \_\_\_\_\_ packs/day for \_\_\_\_\_ years.

**Alcohol**

Do you drink:

Beer?       yes    no    \_\_\_\_ #/ day  
 Wine?       yes    no    \_\_\_\_ #/ day  
 Hard liquor?    yes    no    \_\_\_\_ #/ day

Frequency of drinking:

never  
 rarely  
 socially (# per week \_\_\_\_\_ )  
 daily (# per day \_\_\_\_\_ )

Do you have a history of heavy drinking?  
 yes    no

**Effect of your neck/ back pain on your lifestyle**

I describe my home setting as supportive of me during this time       yes    no  
 I describe my work setting as supportive of me during this time       yes    no  
 My pain has affected my interaction with my family and friends       yes    no  
 The changes in my lifestyle due to my problem have been difficult for me    yes    no

**Ability to enjoy life:**

Excellent  
 Good  
 Fair  
 Poor

**Please indicate your current work status**

Working full time  
 Working part time  
 Seeking employment  
 Not working by choice (retired, homemaker, student, etc.)  
 Physically unable to work **due to** neck/ back pain  
 Physically unable to work **not due to** neck/ back pain

**Before having neck/ back pain, did you normally work:**

full time       part time       neither

**What is your usual occupation?**

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**Do you like your work situation?**

yes    no    N/A

Patient Initials \_\_\_\_\_ Date \_\_\_\_\_



# SPINE ASSOCIATES

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RICHARD R.M. FRANCIS, MD, MBA, FRCS Ed., FRCS Ed. (Tr & Orth)  
Orthopaedic Surgeon  
Surgery of the Spine

## **NOTICE OF PRIVACY PRACTICES**

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. THE PRIVACY ACT OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.**

This Notice of Privacy Practices is being provided to you as a requirement of the Health Insurance Portability and Accountability Act (HIPAA) which went into effect April 14, 2003. This Notice describes how we may use and disclose health information about you for treatment, payment, healthcare operations, or for other purposes that are permitted or required by law. It also describes your rights to access and control your health information in some cases. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

### **Use and Disclosure of Information by Your Healthcare Provider**

The provider may use your health information for purposes of providing treatment, obtaining payment for treatment, and conducting healthcare operations. Your health information may be used or disclosed only for these purposes unless the Provider has obtained authorization or the use or disclosure is otherwise permitted by the HIPAA

Privacy Regulations or State law. Disclosures of your health information for the purposes described in this Notice may be made in writing, orally, or by facsimile.

**Treatment:** We may use and disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use or disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, employee review activities, education, training programs, accreditation, certification, licensing or credentialing activities, as well as compliance reviews, medical reviews, and business management and general administrative activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use of disclosures permitted by your authorization while it was in effect.



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**To Your Family and Friends:** We will disclose your health information to you, as described in the Patient Rights section of this Notice. With your permission, we may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare.

**Persons Involved in Care:** We may use or disclose health information to notify, or assist in the notification of (including identifying or location) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practices to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information of marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information in the course of judicial or administrative proceedings in response to an order of the court or other appropriate legal process.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim or abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized Federal officials health information required for lawful intelligence, official having lawful custody of health information or inmate or patient under certain circumstances.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, e-mail, postcards, or letters.)

**Worker's Compensation:** The provider may release your health information to comply with worker's compensation laws or similar programs.

## PATIENTS RIGHTS

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of the Notice.



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**Restrictions:** You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (Except in an emergency).

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing and it must explain why the information should be amended.) We may deny your request under certain circumstances.

## QUESTIONS AND COMPLAINTS

If you want more information about our privacy practices or have questions or concerns, please contact us.

**Our Promise to You:** We are required by law and regulation to protect the privacy of your medical information, to provide you with this notice of our privacy practices with respect to health information, and to abide by the terms of their notice of privacy practices in effect.

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information, you may complain to us in the contact information listed at the end of the Notice. You also may submit a written complaint to the US Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services upon request.

We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.







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## **Financial Policy Statement**

It is the policy of Spine Associates to bill your insurance carrier as a courtesy to you; however, you are responsible for the entire bill. We require arrangements for payment of your estimated share be made today. The insured/patient is responsible for any co-payments at the time services are rendered. If your insurance carrier does not permit payment within sixty (60) days, the balance will be due in full from you. If your insurance pays in excess of the balance of your account, we will refund the credit.

If any payment is made directly to you for services billed by Spine Associates, you recognize your obligation to promptly remit payment to Spine Associates.

The above does not apply for those patients that are considered Worker's Compensation. However, be advised that as a Worker's Compensation patient that you may be held responsible for your charges in the event that your claim is controverted.

I understand and agree that if I fail to make any payments for which I am responsible in a timely manner, after such default and upon referral to a collection agency or attorney by Spine Associates, I will be responsible for all costs of collecting monies owed, including court costs, collection agency fees and attorney fees.

The above information has been explained to me.

**I UNDERSTAND MY RESPONSIBILITY FOR THE PAYMENT OF MY ACCOUNT**

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Patient or Responsible Party

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Date



# SPINE ASSOCIATES

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## RELEASE OF MEDICAL DOCUMENTATION HIPPA RELEASE FORM

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### DOCUMENTATION INCLUDED

This document allows *Spine Associates* to release your medical records to other healthcare providers who have treated or are treating you (or your dependent minor) or payors who request these records as allowed by law.

This authorization applies to any and all of my (or my dependent's - if guardian of minor) medical records including, but not limited to, progress notes, laboratory reports, radiological / nuclear medicine reports, history and physical examinations, consultation reports, electrophysiological studies and any other medical documentation pertaining to my (or my dependent's) care.

\_\_\_\_\_  
(Initials)

I understand that my express consent is required to release any of my health care information pertaining to testing, diagnosis, and/or treatment for AIDS (HIV), sexually transmitted diseases, psychiatric / psychological / mental health disorders, drug or alcohol abuse. I hereby authorize *Spine Associates*. to release all information pertaining to such diagnoses.

Exclusions: \_\_\_\_\_  None \_\_\_\_\_  
(Patient's Initials)

**By signing below, I agree to all the terms and conditions of this document and certify that I have read and understand the above information and its implications. I have made any and all exclusions specially known to *Spine Associates* as noted in writing above. This authorization is valid indefinitely or until I revoke it in writing. A Photostat copy of this authorization is valid as the original.**

\_\_\_\_\_  
(Patient/Guardian/Guarantor Signature) Date: \_\_\_\_\_

\_\_\_\_\_  
(Witness Signature) Date: \_\_\_\_\_

### ADDITIONAL RELEASE TO:

**This document shall authorize *Spine Associates* to release any and all of my medical records as understood above to:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

### REASON FOR RELEASE:

- Coordination of treatment
- Provide information regarding previous treatment(s)
- Disability application
- Provide information for legal matters

Other: \_\_\_\_\_

\_\_\_\_\_  
(Patient/Guardian/Guarantor Signature) Date: \_\_\_\_\_

\_\_\_\_\_  
(Witness Signature) Date: \_\_\_\_\_



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## **CONSENT FOR MEDICAL TREATMENT**

**Knowing that I am suffering from a condition requiring medical care, I hereby voluntarily consent to such care encompassing diagnostic procedures and medical treatment by my physician, his/her assistants or his/her consignees as may be necessary in his/her judgment. I acknowledge that no guarantees have been made as to the result of treatments or examination in the hospital.**

**This form has been fully explained to me and I certify that I understand its contents.**

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

Patient is: \_\_\_\_\_ a minor \_\_\_\_\_ unable to consent because \_\_\_\_\_

I hereby consent on his/her behalf and in his/her stead on \_\_\_\_\_  
Date

Signature of Person Responsible for Patient or Patient's Legal Guardian

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Print Name