

# Surgery Instructions

## Coordinating your surgery will include:

- ❖ Selecting a date for surgery.
- ❖ Performing appropriate laboratory tests.
- ❖ Doing a pre-operative medical evaluation for anesthesia.
- ❖ Pre-admission/registration at the hospital.
- ❖ Fitting any durable medical equipment that may be needed.

The day before your surgery, our office will inform you of your arrival time to the hospital.

## Medication Instructions:

- ❖ Discontinue taking the following 7 days prior to your surgery date:

Advil	Celebrex	Mobic
Aleve	Diet Pills	Motrin
Aspirin	Ibuprofen	Naprosyn/Naproxen

- ❖ If you are taking steroidal anti-inflammatory medication or blood thinner; such as Aspirin (ASA), Aggrenox, Coumadin, Plavix, Ticlid and Warfarin you **MUST** consult with the prescribing physician 14 days before your surgery

## Important Information:

- ❖ Do not have any food or drink, including water, after midnight the day of your surgery.
- ❖ We will need your pharmacy's telephone number, so that we may call in your post-operative medications.
- ❖ Any durable medical equipment or bracing that may be required will be delivered to you while you are in the hospital.
- ❖ After leaving the hospital, please call Spine Associates to schedule an appointment for 7 to 10 days after your surgery.